

The mission of Kindred Matters is to promote positive outcomes for Oregon youth in out of home care through the creation of strong family relationships in the absence of a traditional family environment. We work to bring brothers and sisters separated by foster care together to create positive family memories that they can carry with them for a lifetime. We also strive to help foster families by providing practical avenues for continuing education and community support.

## Why does it matter?

Research indicates that youth in care who have established strong sibling relationships have higher self-esteem, increased resiliency and better outcomes as they age out of the system.

In families where strife is present, siblings are often each other's most meaningful connections. When children are placed in out of home care and are separated from their siblings it creates a "double loss," they are removed from their family of origin and from their primary connection, their siblings. In a system where visits are often limited, we facilitate a space for siblings to spend safe, quality time together and build bonds that will carry them forward into adulthood.

"This place is special to me because it's the only place I've ever been where everyone understands what I have been through. It's not weird that I've been in foster care or don't live with my brother because everyone else has had those experiences too." -Jacob

## How do we do it?

Camp To Belong Oregon: Our flagship program is a weeklong summer camp designed to foster the bonds of separated brothers and sisters. We host one session in June and another session in August.

KINnect Events: Regular contact is important for maintaining relationships, and siblings in care often only receive limited monthly supervised visitation. We host sibling events every other month in the greater Portland, Salem, Eugene and Bend areas.

Family Camp: Oregon foster families join together for a long weekend of community building and continuing education to maintain their certifications. Our staff provide childcare for the kids and facilitate training for the parents.

## How can you help?

#### VOLUNTEER

Become a camp counselor or a KINnect Event chaperone.

Visit our website for more details.

#### DONATE!

Financial contributions allow us to maintain our quality programming and serve more kids. Visit

### www.kindredmatters.org

to make your tax-deductible contribution.

#### **FUNDRAISE!**

Join our fundraising committee, solicit donations for our annual auction, or host a fundraising event!



of campers feel more hopeful about their lives and futures after attending CTB



of campers report having positive and special memories of time spent with their brothers and sisters at CTB

Kindred Matters has served

1800

youth since 2001

Family Camp has served

150+

families since 2013

# Get In Touch With Us!

To reply via email, please send to <u>info@kindredmatters.org</u> www.kindredmatters.org

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