

Jesuit Crusader Athletics Fall 2019 Information

Tryouts begin Monday, August 19, 2019

Plyometrics—Open to all students: M/W/F 7:00-8:00am starting June 10
Weight Room—Open to All Students—M/T/W/TH/F 8:00 – 10:00 am; M/W/Th 5:30 – 7 pm starting June 10
NO ATHLETIC ACTIVITIES OF ANY KIND ON CAMPUS July 28-August 3 - All facilities will be closed.

NEW PARENT ATHLETICS MEETING: Sunday, August 18: 6:00 - 7:30 pm in the Moyer Theatre.

This meeting is for parents of all new freshmen and transfers (parents only).

New Student Orientation: Friday, August 23

Class Meetings/Student Registration: Monday, August 26:

If there is a conflict with practice and either of these events, athletes should leave practice, attend Orientation or Registration with their class at the appropriate time, and then return to their practice. These events are a priority.

SUMMER ATHLETIC CAMPS: Register at jesuitportland.org

JESUIT ATHLETIC CONTACTS:

Mike Hughes, A.D.	503-291-5418	mhughes@jesuitportland.org
Martha Cope, Asst.	503-291-5486	mcope@jesuitportland.org

2019 JESUIT FOOTBALL

Coach: Ken Potter kpotter@jesuitportland.org

- Varsity, JV, Freshmen (no cuts)

Football Camp: August 5 - 9, 9:00 am - 12:00 pm daily, register at jesuitportland.org

Conditioning: August 12 - 15, in the afternoon – times will be posted on the varsity football page of jesuitportland.org. Strongly encouraged for returning players, optional, but encouraged, for incoming freshmen.

Practice Schedule for 10th-12th grade: (C = Cronin Field; S = Sprunk Stadium)

August 19: HELMET'S ONLY 7:30 am to 10:00 am (C) & 1:30 pm to 3:30 pm (S)
August 20: HELMET'S ONLY 8:00 am to 11:00 am (C)
August 21: HELMET'S & SHOULDER PADS ONLY 2:45 pm to 5:30 pm
August 22: ALL GEAR FROM NOW ON 2:45 pm to 5:30 pm (C)
August 23: 8:00 am to 11:00 am (S)
August 24: 7:00am PICTURES – Practice 8:00 am to 11:00 am (C)
August 26: 3:00 pm to 5:30 pm (S)
August 27: SCHOOL STARTS – 3:00 pm to 5:30 pm (C)
August 28: 3:00 pm to 5:30 pm (C)
August 29: 3:00 pm to 5:30 pm (S)
August 30: 3:00 pm to 5:30 pm (C)
September 2: LABOR DAY – 3:00 pm to 5:30 pm (C)
September 3: 3:00 pm to 5:30 pm (C)

Practice Schedule for 9th Grade

August 19: 2:00 - 2:45 pm Equipment Issue; 3:00 to 5:30 pm Practice
August 20: 3:00 - 5:30 pm
August 21: 3:00 - 5:30 pm
August 22: 3:00 - 5:30 pm; BRIEF Parent Meeting at 5:30 pm west end of the stands
August 23: 2:00 - 4:30 pm (right after Freshman Orientation)
August 24: 8:15 am Pictures; 9:00-11:00 am Practice
August 26: 9:30 am - 12:00 pm (right after New Student Orientation)
August 27: SCHOOL STARTS - Daily practices after school, 3:00-5:15 pm
September 2: LABOR DAY – 3:00 to 5:15 pm

VOLLEYBALL

Coach: Teresa Zimmerlee tzimmerlee@jesuitportland.org

- Varsity, JV, JV2-1, JV2-2 (cuts are made)

Summer Camp: August 5 - 9, 12:30-3:00 pm, register at jesuitportland.org

Summer Training Sessions: All are welcome to attend summer training sessions on Tuesday and Thursday evenings all summer from 6:00-7:30 pm. starting on June 18th (no training on July 3rd or 5th)—these sessions will be conditioning and open gym volleyball with instructional components included.

Conditioning Week

Monday, August 12 - Friday, August 16 from 8:30 – 10:00 am.

Tryouts/Practice

All athletes interested in trying out for the JV and Varsity teams must show up on August 19. All are welcome on August 19, but if you are only interested in trying out for a JV2 team you don't have to show up until Thursday, August 22.

August 19: 8:00 - 10:00 am AND 1:30 - 4:00 pm OR 4:30 - 6:30 pm (Coach will let players know which afternoon session to attend)

August 20: Varsity 1:00 - 4:00 pm; JV 3:00 - 5:30 pm

August 21: Varsity 3:00 pm - 5:30 pm; JV 4:00 pm - 6:30 pm

August 22: JV & Varsity 3:00 - 6:00 pm; JV2 4:30 - 6:30 pm

August 23: Varsity 10:00 am - 12:00 pm; JV & Varsity 3:00 - 5:30 pm; JV2 4:30-6:30 pm

August 24: Varsity 9:00 - 11:00 am

August 26: Class Meetings, practice times TBD for Varsity, all other teams 3:00-5:30 p.m.

August 27: School begins, practice daily 3:00 - 5:30 pm (*JV, JV2-1 and JV 2-2 will practice at 6:00a.m. one day per week during the school year.*)

CROSS COUNTRY

Coach: Tom Rothenberger trothenberger@jesuitportland.org

- JV/Varsity Men & Women (no cuts)

Summer Training Runs

Incoming freshmen are welcome and encouraged to join summer training runs on Tuesdays (9 am at Beaverton Nature Park) and Thursdays (8 am strength training, 9 am run at Jesuit) and Saturday mornings at 9:00 am. Summer training runs will begin the week of June 24.

Practice Schedule

All sophomores, juniors and seniors are required to start on August 19th. Freshmen are encouraged to attend, but may join the team on the first day of school.

August 19: 3:00 pm @ Jesuit

August 20: 9:00 am @ THPRD

August 21: 3:00 pm @ Jesuit

August 22: 3:00 pm @ Jesuit

August 23: 3:00 pm @ Jesuit

August 24: 9:00 am @ Beaverton Nature Park

August 26: Class Meetings – Practice 3:00 pm @ Jesuit

August 27: School Starts: Practices daily from 3:00-5:00pm

WOMEN'S SOCCER

Coach: Steve Fennah

sfennah@jesuitportland.org

- Varsity, JV, JV2-1, JV2-2 (cuts are made)

Women's Soccer Camp: August 12 – 16, 11:00 am – 1:30 pm, register at jesuitportland.org. Camp highly recommend as a way to meet new prospective team members & prepare for tryouts.

Tryouts/ Practice

Students wishing to play are expected to attend this week of tryouts. All four teams will be selected this first week (typically by Wednesday evening).

August 19: 5:00 pm - 8:00 pm

August 20: 10:00 am - 12:00 pm & 5:00pm - 8:00pm

August 21: 6:00 pm - 8:30 pm

August 22: 2:30 pm - 5:00 pm (all teams); 6:00 pm - 8:30 pm (Varsity only)

August 23: Freshmen Orientation, **No practice for the JV or JV2 teams**

Varsity Training Camp, Redmond Oregon (depart at 12 pm; return approx. 4 pm August 25)

August 26: Registration

3:00 pm - 5:00 pm: JV/JV2Gold/JV2Green

6:00 pm - 8:00 pm: Varsity practice

August 27: First Day of Classes, 3:00 pm - 5:00 pm

August 28: 3:00 pm - 5:00 pm

August 29: 3:00 pm - 5:00 pm

August 30: 3:00 pm - 5:30 pm Team pictures followed by practice

September 2: Labor Day, 5:00 pm - 7:00 pm Varsity & JV Practice

September 3: 5 pm Varsity & JV Games @ Lincoln @ Delta Park

MEN'S SOCCER

Coach: Geoff Skipper

gskipper@jesuitportland.org

- Varsity, JV, JV2 (cuts are made)

Men's Soccer Camp: August 12 – 16, 8:00 am – 10:30 am daily, [register at jesuitportland.org](http://jesuitportland.org)

Tryouts/Practice

August 19: 8:00 am - 10:30 am (Fitness Test)

August 20: 8:00 am - 10:30 am (Fitness Test)

August 21: 2:30 pm - 5:00 pm

August 22: 2:30 pm - 4:30 pm

August 23: Freshmen Orientation, **No practice for the JV or JV2 teams.**

Varsity Training Camp, location TBA (depart at 12 pm; and return approx. 4 pm August 25)

August 26: Registration, 3:00 pm - 5:00 pm

August 27: First Day of Classes, 3:00 pm - 5:00 pm

August 28: 3:00 pm - 5:00 pm

August 28: 3:00 pm - 5:00 pm; 4:00 pm - 7 pm Team Pictures and JV/VAR scrimmage

August 30: 3:00 pm - 5:00 pm

September 2: Labor Day, 4:00 pm - 6:00 pm Varsity & JV Practice

September 3: 5:00 pm Varsity & JV Games vs Summit