

The Jesuit High School Sports Medicine program is committed to providing the best possible care for all student athletes who have sustained a concussion. As part of that care, we have compiled resources that will explain how concussion recovery is managed at Jesuit High School and additional resources that may be helpful in the injury recovery process.

If you have any questions, please contact our Athletic Trainer Jennifer Adams at [bgillespie@jesuitportland.org](mailto:bgillespie@jesuitportland.org)

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### **JESUIT HIGH SCHOOL FORMS:**

[Concussion Information Sheet](#)

[Post-Concussion Symptom Scale](#)

[Suggested Concussion Return to Participation Form](#)

### **ADDITIONAL RESOURCES:**

[CDC information on concussions](#)

[More information about the ImPACT test](#)

[OSAA concussion resources](#)

[NFHS Parent Guide for Concussion](#)

[Why cognitive rest is important](#)

