

ATHLETIC CODE FOR JESUIT HIGH SCHOOL

This Code contains the guiding philosophy of Jesuit athletics as well as the standards and expectations set by the school for those who participate on Crusader teams.

THE PHILOSOPHY OF JESUIT HIGH SCHOOL ATHLETICS

The direction of athletics at Jesuit is firmly set by the school's motto, "Age Quod Agis" – "Do Well Whatever You Do." The athletic program intends to train talent, maximize potential, and promote the goals of the *Profile of the Jesuit Graduate at Graduation*. Done consistently, the scoreboard takes care of itself. The concept of "winning at all costs" has no place at JHS. Jesuit athletics are an opportunity for students to enjoy themselves through challenging activities while gaining self-confidence. Athletics also present the chance to develop lasting friendships by sharing effort and experiences with others. Academics come first at Jesuit High School and students are expected to maintain good classroom performance while members of Jesuit teams. The department encourages students to be part of a variety of Crusader athletics teams.

THE PROFILE OF THE JESUIT GRADUATE AT GRADUATION AND CRUSADER ATHLETICS

The Ignatian goal of Crusader athletics is to develop "Men and Women for Others" by promoting these qualities of the Profile:

1. Unselfishness for the sake of the common good. (Loving)
2. Desire for excellence and continual self-improvement. (Open to Growth)
3. Sportsmanship under pressure; responsibility for personal decisions. (Committed to Doing Justice)
4. Awareness of and gratitude for God's presence within human endeavor. (Religious)
5. Understanding the relationship between preparation and performance. (Intellectually Competent)

COMPETITIVE GOAL AND APPROACH

1. The competitive goal of the varsity program is to consistently perform as well as possible against opponents, within the rules.
2. Jesuit will always attempt to field the most effective combination of available team members to achieve this goal.
3. There is a direct relationship between individual performance and playing time.
4. The primary goal of non-varsity programs is to identify and prepare qualified athletes for eventual varsity play.
5. Team membership and playing time are not guaranteed, regardless of grade level or previous team membership.

HOW THESE GOALS AND VALUES WORK TOGETHER

The Ignatian values of the Profile do not conflict with the competitive nature of athletics. Rather competition is the context within which Profile goals are pursued at JHS. By engaging students fully in mind, body, and heart, athletics create an intense and personally important environment where the ideals of the Profile can be revealed, tested, and proven relevant for students. In doing this, Jesuit's athletic program significantly helps fulfill the school mission.

RULES GOVERNING ATHLETICS

Jesuit student-athletes must continually represent JHS values and in so doing uphold the reputation of the school. While coaches may specify particular expectations for their athletes, the following policies are consistent throughout the athletic program. **THESE POLICIES APPLY IN AND OUT OF SEASON AND IN AND OUT OF SCHOOL, SUMMERTIME INCLUDED.**

1. No athlete will possess or use alcohol, drugs, controlled substances, or tobacco. A violation will result in severe consequences. Besides other school sanctions, the following penalties may apply, as well as additional penalties prescribed by the coach. The number of offenses is cumulative during the student's overall enrollment at JHS and includes all sports.
 - FIRST OFFENSE: Two weeks' suspension or its equivalent from next possible competition.
 - SECOND OFFENSE: Dismissal from athletics for remainder of that school year and assessment required prior to further participation the following year.
 - THIRD OFFENSE: Loss of all further eligibility in athletics for the remainder of that student's enrollment at Jesuit. Following a third offense, a student may appeal before a Review Board name by the Principal.
2. An athlete who goes out for a Jesuit High School sport makes a commitment to that team. It is expected that this is the primary athletic commitment during the season by that athlete. The coach will define the terms of that commitment for that sport during the season. In particular, each head coach will establish the policy regarding the question of a Jesuit athlete on the team who desires to compete on an outside, non-school, association or club athletic team during the same season as the Jesuit sport. Jesuit team membership by the athlete is always conditional on understanding and living up to those terms.
3. An athlete dismissed from a team or who quits a team after the season begins cannot join any other sport at JHS that same season. Participation in a later season sport is subject to the permission of the coach whose team the athlete left and acceptance by the coach of the intended sport.
4. An athlete in one school sport cannot compete in a second Jesuit High School sport during the same season without the prior approval of both involved coaches, the school counselor, the parents, and the Athletic Director, using the proper athletic department form. Approval is not guaranteed.
5. **Athletes must attend classes the entire school day to be eligible to participate, practice, or compete that day.** This applies to all activities and athletics. Absences for school-sponsored functions or pre-arranged absences (such as doctor or dentist appointments) are exceptions. Specifically, if a student sleeps in because they are sick or fatigued, or if they leave school because they are sick, they cannot practice or play that day, even if the parent has called this in. **To pre-arrange an absence for an appointment, parents must call or give a note to the attendance office before 7:30 a.m. the day of the absence.**
6. The loss or damage of school equipment is the financial obligation of the athlete. Besides being billed, **a student will receive a JUG** if uniforms and equipment are not returned in a timely manner after the season.

7. Athletes will travel to and from athletic events on transportation provided by JHS. Coaches **may** decide to allow athletes to return from events with their own parents, and only their own parents, but this is entirely at the discretion of the coach and coaches who prefer to have teams travel together at all times are completely justified in doing so. Coaches will announce their travel policy at the start of their seasons. Athletes who are allowed to leave an event with their parent, can only be signed out by their parent. If students need to go home directly from another venue with someone other than their parents (e.g., another team parent, neighbor, sibling, etc.) a signed Transportation Waiver must be presented to the coach by the person authorized to transport the athlete. The Transportation Waiver can be found on the main Athletic page of the website or by following this link: [Transportation Waiver](#) .
8. The school administration may deny co-curricular participation to any student who, at any time, in any setting, during the school year or vacation periods, brings discredit to the name of Jesuit High School.

SOCIAL MEDIA POLICY & GUIDELINES FOR STUDENT-ATHLETES

Playing and competing for Jesuit High School is a privilege. Student-athletes at Jesuit are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team.

Texting, Facebook, Twitter, OregonLive.com, Instagram, Vine and other social media sites have increased in popularity globally, and are used by the majority of student-athletes at Jesuit in one form or another.

Student-athletes should be aware that third parties - - including the media, faculty, future employers and OSAA officials - - could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posts. Inappropriate material found by third parties affects the perception of the student-athlete, the team and the school. This can also be detrimental to a student-athlete's future employment options, whether in sports or in other industries.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include, but are not limited to, depictions or presentations of the following:

- Photos, videos, comments or posts showing the personal use of alcohol, drugs and tobacco e.g., holding cups, bottles, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posts that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another school; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).
- Content online that would constitute a violation of team, school, and league rules (examples: commenting publicly about a coach, teammate, opponent, official, staff member, and school employees.)
- Information that is sensitive or personal in nature or is proprietary to the team or the school, which is not public information (examples: tentative or future team schedules, student-athlete injuries and eligibility status, travel plans/itineraries or information).

Please remember the Head Coach and the Athletic Director have the ability to suspend, or remove a student from the team on the first inappropriate action.

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your email, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site – many people may be looking to take advantage of student-athletes or to seek connection with student-athletes.
- Consider how the above behaviors can be reflected in all Social Media applications.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as that of Jesuit High School and your team. Remember, always present a positive image and don't do anything to embarrass yourself, the team, your family or the school.

PARENTS

The positive, enthusiastic support and involvement of parents in the lives of their student-athletes is one of the reasons why the Jesuit athletic program is so effective. Parental behavior and language towards officials, coaches, athletes, and other fans must be exemplary at all times, consistent with an adult perspective about teenagers playing games. Every season is an opportunity for parents to teach their children how to

emotionally handle the successes and setbacks inherently part of all sports competition. Parents, administration, and coaches share the goal of seeing students gain growth and satisfaction through their participation in Crusader sports. While opinions may vary regarding effective strategies to reach that goal, this commitment to the student remains common ground.

When questions arise regarding coaching decisions, parents should first bring their concerns to the coach. Jesuit coaches have been hired to exercise their best professional judgment regarding all the details of running athletic teams. Parents need not be concerned that the coach will resent the player because of questions raised by parents. If still dissatisfied after speaking with the coach, parents can pursue the matter further with the Athletics Director (AD). After meeting with the A.D., the Vice Principal of Administrative Services is available to discuss the situation, should the parents decide to continue further.

PARENTS ARE THE PRIMARY CARE-GIVER FOR THE STUDENT-ATHLETE

Jesuit's #1 priority is for the health and safety of our students. We are proud to provide a full-time, qualified athletic trainer, referrals for sport-specific doctors and physical therapists, and experienced coaches. However, parents are the primary medical support person for high school students. Parents have the final decision on the diagnosis and treatment of all injuries. During a typical sports season, almost every athlete experiences some type of pain. Distinguishing between normal soreness and a more serious injury that needs medical care is a common yet important decision that is best resolved through excellent communication involving the parents, head coach, athletic trainer, and outside medical support. Please never hesitate to seek diagnosis, treatment, or medical care for your son or daughter with the doctor, therapist or specialist of your choosing. If a doctor restricts or limits athletic involvement, a signed note from doctor turned in to the athletic trainer or athletic office will be required before the athlete is allowed to return to participation. If an athlete receives a concussion, Jesuit's 6 step "return to play concussion protocols" approved by our team doctor will be followed, unless an individual doctor provides additional restrictions.

ACADEMIC ELIGIBILITY

According to Jesuit and OSAA guidelines, a student-athlete must have passed five classes the previous semester, be currently passing five classes, and be on track to graduate to be academically eligible for athletics. Even if these minimum standards are met, the school administration may restrict a student's athletic participation due to unsatisfactory academic progress. Academic concerns are of primary importance to the student, and regular communication among a student's parents, teachers, and coaches is essential.

OSAA REGULATION REGARDING GIFTS, RULE 8-4-1

"A student may not accept monetary compensation in recognition of athletic ability, participation and/or achievement during the Association year. A student may accept non-monetary compensation or items of value solely in recognition of athletic ability, participation, and/or achievement if the total value of such non-monetary compensation or items of value, including the actual value of any discounts, coupons, etc, does not exceed \$300.00 in any Association year." The OSAA association year begins with the official start of practice each fall and ends on May 26 the following spring. 'Non-monetary compensation or items' does not include customary school awards such as letters, medals, ribbons, certificates, plaques, trophies, and other emblems. This rule does not regulate or prohibit compensation in a non-OSAA sanctioned sport.

JHS NOTE: Parents who want to buy their student's team special gifts to commemorate a championship (t-shirts, caps, etc) are asked to contact the A.D. in advance to discuss the OSAA gift rule as well as any use of the name "Jesuit," a copyrighted term owned by the Society of Jesus and not available for general public use.

OSAA REGULATIONS REGARDING UNDUE INFLUENCE (RECRUITING), RULE 8-7

"Any student who attends a member high school as a result of undue influence is thereafter ineligible and the high school is subject to penalty. 'Undue influence' is the attempt by any person (including but not limited to coaches, boosters, teachers, administrators) to induce the attendance of a student at any public or private member school for the purpose of athletic participation."

JHS NOTE: Please direct any questions on this matter to the Athletic Director.