

# Jesuit Crusader Athletics Fall 2019 Information

## Tryouts begin Monday, August 19, 2019

Plyometrics—Open to all students: M/W/F 7:00-8:00am starting June 10  
Weight Room—Open to All Students—M/T/W/TH/F 8:00 – 10:00 am; M/W/Th 5:30 – 7 pm starting June 10  
***NO ATHLETIC ACTIVITIES OF ANY KIND ON CAMPUS July 28-August 3 - All facilities will be closed.***

**NEW PARENT ATHLETICS MEETING:** Sunday, August 18: 6:00 - 7:30 pm in the Moyer Theatre.

This meeting is for parents of all new freshmen and transfers (parents only).

**New Student Orientation: Friday, August 23**

**Class Meetings/Student Registration: Monday, August 26:**

If there is a conflict with practice and either of these events, athletes should leave practice, attend Orientation or Registration with their class at the appropriate time, and then return to their practice. These events are a priority.

**SUMMER ATHLETIC CAMPS:** Register at [jesuitportland.org](http://jesuitportland.org)

### JESUIT ATHLETIC CONTACTS:

|                    |              |  |
|--------------------|--------------|--|
| Mike Hughes, A.D.  | 503-291-5418 | <a href="mailto:mhughes@jesuitportland.org">mhughes@jesuitportland.org</a> |
| Martha Cope, Asst. | 503-291-5486 | <a href="mailto:mcope@jesuitportland.org">mcope@jesuitportland.org</a>     |

### 2019 JESUIT FOOTBALL

Coach: Ken Potter [kpotter@jesuitportland.org](mailto:kpotter@jesuitportland.org)

- Varsity, JV, Freshmen (no cuts)

**Football Camp:** August 5 - 9, 9:00 am - 12:00 pm daily, register at [jesuitportland.org](http://jesuitportland.org)

**Conditioning:** August 12 - 15, in the afternoon – times will be posted on the varsity football page of [jesuitportland.org](http://jesuitportland.org). Strongly encouraged for returning players, optional, but encouraged, for incoming freshmen.

### **Practice Schedule for 10<sup>th</sup>-12<sup>th</sup> grade:** (C = Cronin Field; S = Sprunk Stadium)

August 19: HELMET'S ONLY 7:30 am to 10:00 am (C) & 1:30 pm to 3:30 pm (S)  
August 20: HELMET'S ONLY 8:00 am to 11:00 am (C)  
August 21: HELMET'S & SHOULDER PADS ONLY 2:45 pm to 5:30 pm  
August 22: ALL GEAR FROM NOW ON 2:45 pm to 5:30 pm (C)  
August 23: 8:00 am to 11:00 am (S)  
August 24: 7:00am PICTURES – Practice 8:00 am to 11:00 am (C)  
August 26: 3:00 pm to 5:30 pm (S)  
August 27: SCHOOL STARTS – 3:00 pm to 5:30 pm (C)  
August 28: 3:00 pm to 5:30 pm (C)  
August 29: 3:00 pm to 5:30 pm (S)  
August 30: 3:00 pm to 5:30 pm (C)  
September 2: LABOR DAY – 3:00 pm to 5:30 pm (C)  
September 3: 3:00 pm to 5:30 pm (C)

### **Practice Schedule for 9<sup>th</sup> Grade**

August 19: 2:00 - 2:45 pm Equipment Issue; 3:00 to 5:30 pm Practice  
August 20: 3:00 - 5:30 pm  
August 21: 3:00 - 5:30 pm  
August 22: 3:00 - 5:30 pm;  
August 23: 2:00 - 4:30 pm (right after Freshman Orientation) BRIEF Parent Meeting at 5:30 pm west end of the stands  
August 24: 8:15 am Pictures; 9:00-11:00 am Practice  
August 26: 9:30 am - 12:00 pm (right after New Student Orientation)  
August 27: SCHOOL STARTS - Daily practices after school, 3:00-5:15 pm  
September 2: LABOR DAY – 3:00 to 5:15 pm

## VOLLEYBALL

Coach: Teresa Zimmerlee [tzimmerlee@jesuitportland.org](mailto:tzimmerlee@jesuitportland.org)

- Varsity, JV, JV2-1, JV2-2 (cuts are made)

**Summer Camp:** August 5 - 9, 12:30-3:00 pm, register at [jesuitportland.org](http://jesuitportland.org)

**Summer Training Sessions:** All are welcome to attend summer training sessions on Tuesday and Thursday evenings all summer from 6:00-7:30 pm. starting on June 18<sup>th</sup> (no training on July 3<sup>rd</sup> or 5<sup>th</sup>)—these sessions will be conditioning and open gym volleyball with instructional components included.

### **Conditioning Week**

Monday, August 12 - Friday, August 16 from 8:30 – 10:00 am.

### **Tryouts/Practice – PLEASE NOTE TIME CHANGES – This was updated on 8-8-19**

All athletes interested in trying out for the JV and Varsity teams must show up on August 19. All are welcome on August 19, but if you are only interested in trying out for a JV2 team you don't have to show up until Thursday, August 22.

Tryouts: All athletes interested in trying out for the JV and Varsity teams must show up on August 19<sup>th</sup>.

IF YOU ARE ONLY INTERESTED IN TRYING OUT FOR A JV2 TEAM YOU DON'T HAVE

TO SHOW UP UNTIL Thursday, August 22<sup>nd</sup>. All are welcome on August 19<sup>th</sup>.

August 19: 8:00-10:00am AND 1:30-4:00pm OR 3:00-5:30pm (All players are welcome for the morning practice. Coach will let players know which afternoon session to attend - JV2 players will be asked return on Thursday afternoon)

August 20: Varsity Tryouts 3:00-5:30pm; JV Tryouts 3:30-6:00pm (Varsity & JV only on Tuesday)

August 21: Varsity 3-5:30pm; JV – 3:30-6:00pm (Varsity & JV only on Wed.)

August 22: Varsity 2:30-5:30pm; JV & JV2 4:30-6:30pm(JV2 players are welcome Monday if they wish to tryout for JV or Varsity, but ALL JV2 players must report by Thursday's 4:30pm practice)

August 23: Varsity 10:30am-12:30pm; JV & Varsity 3:30-5:30pm; JV2 4:30-6:30pm

August 24: Varsity 9:00-11:00am

August 26: Varsity 8:00-10:00am; Varsity & JV 3:30-5:30pm; JV2 Gold & Green 3:00-5:30pm; JV2 Black 5:30-7:30pm

School Year: Beginning August 27<sup>th</sup>- School begins. - Varsity 3:00-5:30pm; JV 3:30-5:30pm; JV2 Gold & Green 3:00-5:00pm;

JV2 Black 5:00-7:00pm

## CROSS COUNTRY

Coach: Tom Rothenberger [trothenberger@jesuitportland.org](mailto:trothenberger@jesuitportland.org)

- JV/Varsity Men & Women (no cuts)

### **Summer Training Runs**

Incoming freshmen are welcome and encouraged to join summer training runs on Tuesdays (9 am at Beaverton Nature Park) and Thursdays (8 am strength training, 9 am run at Jesuit) and Saturday mornings at 9:00 am. Summer training runs will begin the week of June 24.

### **Practice Schedule**

All sophomores, juniors and seniors are required to start on August 19<sup>th</sup>. Freshmen are encouraged to attend, but may join the team on the first day of school.

August 19: 3:00 pm @ Jesuit

August 20: 9:00 am @ "A" Group at THPRD; "B" Group at Jesuit

August 21: 3:00 pm @ Jesuit

August 22: 3:00 pm @ Jesuit

August 23: 3:00 pm @ Jesuit

August 24: 9:00 am @ Beaverton Nature Park

August 26: Class Meetings – Practice 3:00 pm @ Jesuit

August 27: School Starts: Practices daily from 3:00-5:00pm

## WOMEN'S SOCCER

Coach: Steve Fennah

[sfennah@jesuitportland.org](mailto:sfennah@jesuitportland.org)

- Varsity, JV, JV2-1, JV2-2 (cuts are made)

**Women's Soccer Camp:** August 12 – 16, 11:00 am – 1:30 pm, register at [jesuitportland.org](http://jesuitportland.org). Camp highly recommend as a way to meet new prospective team members & prepare for tryouts.

### **Tryouts/ Practice**

Students wishing to play are expected to attend this week of tryouts. All four teams will be selected this first week (typically by Wednesday evening).

August 19: 5:00 pm - 8:00 pm

August 20: 10:00 am - 12:00 pm & 5:00pm - 8:00pm

August 21: 6:00 pm - 8:30 pm

August 22: 2:30 pm - 5:00 pm (all teams); 6:00 pm - 8:30 pm (Varsity only)

August 23: Freshmen Orientation, **No practice for the JV or JV2 teams**

Varsity Training Camp, Redmond Oregon (depart at 12 pm; return approx. 4 pm August 25)

August 26: Registration

3:00 pm - 5:00 pm: JV/JV2Gold/JV2Green

6:00 pm - 8:00 pm: Varsity practice

August 27: First Day of Classes, 3:00 pm - 5:00 pm

August 28: 3:00 pm - 5:00 pm

August 29: 3:00 pm - 5:00 pm

August 30: 3:00 pm - 5:30 pm Team pictures followed by practice

September 2: Labor Day, 5:00 pm - 7:00 pm Varsity & JV Practice

September 3: 5 pm Varsity & JV Games @ Lincoln @ Delta Park

## MEN'S SOCCER

Coach: Geoff Skipper

[gskipper@jesuitportland.org](mailto:gskipper@jesuitportland.org)

- Varsity, JV, JV2 (cuts are made)

**Men's Soccer Camp:** August 12 – 16, 8:00 am – 10:30 am daily, [register at jesuitportland.org](http://jesuitportland.org)

### **Tryouts/Practice**

August 19: 8:00 am - 10:30 am (Fitness Test)

August 20: 8:00 am - 10:30 am (Fitness Test)

August 21: 2:30 pm - 5:00 pm

August 22: 2:30 pm - 4:30 pm

August 23: Freshmen Orientation, **No practice for the JV or JV2 teams.**

Varsity Training Camp, location TBA (depart at 12 pm; and return approx. 4 pm August 25)

August 26: Registration, 3:00 pm - 5:00 pm

August 27: First Day of Classes, 3:00 pm - 5:00 pm

August 28: 3:00 pm - 5:00 pm

August 28: 3:00 pm - 5:00 pm; 4:00 pm - 7 pm Team Pictures and JV/VAR scrimmage

August 30: 3:00 pm - 5:00 pm

September 2: Labor Day, 4:00 pm - 6:00 pm Varsity & JV Practice

September 3: 5:00 pm Varsity & JV Games vs Summit