



## **Suggested Readings – College Counseling**

### ***For Students & Parents/Guardians***

*Who Gets In and Why: A Year Inside College Admissions*  
(Jeffrey Selingo)

*Where You Go Is Not Who You'll Be: An Antidote to the College Admissions Mania*  
(Frank Bruni)

*The Thinking Student's Guide to College: 75 Tips for Getting a Better Education*  
(Andrew Roberts)

*The Truth about College Admission: A Family Guide to Getting In and Staying Together and The Truth about College Admission Workbook*  
(Brennan Barnard & Rick Clark)

*College Match: A Blueprint for Choosing the Best School for You and The College Finder*  
(Steven R. Antonoff)

*Fiske Guide to Colleges*  
(Edward Fiske)

*Colleges That Change Lives: 40 Schools that will Change the Way You Think About Colleges and Looking Beyond the Ivy League: Finding the College That's Right for You*  
(Loren Pope)

*Choosing College: How to Make Better Learning Decisions Throughout Your Life*  
(Michael B. Horn and Bob Moesta)

*The Naked Roommate: And 107 Other Issues You Might Run Into in College*  
(Harlan Coen)

*The Price You Pay for College: An Entirely New Road Map for the Biggest Financial Decision Your Family Will Ever Make*  
(Ron Lieber)

*Turning the Tide: Inspiring the Concern for Others and the Common Good Through College Admissions*

(Harvard Graduate School of Education)

*A “Fit” Over Rankings: Why College Engagement Matters More Than Selectivity*

(Challenge Success, Stanford Graduate School of Education)

*College Admission Essentials: A Step-by-Step Guide to Showing Colleges Who You Are and What Matters to You and College Essay Essentials: A Step-by-Step Guide to Writing a Successful College Admissions Essay*

(Ethan Sawyer)

### ***For Parents/Guardians***

*The Naked Roommate: For Parents Only: Calling, Not Calling, Roommates, Relationships, Friends, Finances, and Everything Else That Really Matters when Your Child Goes to College*

(Harlan Coen)

*From Gap to Great: A Parent’s Guide to the Gap Year*

(Andrea Wien)

*Letting Go: A Parents’ Guide to Understanding the College Years*

(Kevin Levin Coburn & Madge Lawrence Treeger)

*The College Conversation: A Practical Companion for Parents to Guide their Children Along the Path to Higher Education*

(Eric J. Furda and Jacques Steinberg)

*I’m Going to College – Not You!: Surviving the College Search with Your Child*

(Jennifer Delahunty)

*How to Raise an Adult: Break Free of the Overparenting Trap and Prepare your Kid for Success*

(Julie Lythcott-Haims)

*Taming the Admissions Anxiety: How to parent through the college process – navigating hopes and expectations (yours and theirs) and the minefield of status and achievement pressure*

(Harvard Graduate School of Education)

*Turning the Tide II: How Parents and High Schools Can Cultivate Ethical Character and Reduce Stress in The College Admissions Process*

(Harvard Graduate School of Education)